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|  | #attitudeofgratitude2020 |
|  | November 1st |  | November 2nd |
|  | **What are you most grateful for today?** |  | **What book are you grateful for?** |
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|  | November 3rd |  | November 4th |
|  | **What are you grateful for in our Country?** |  | **What technology are you Grateful for?** |
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|  | November 5th |  | November 6th |
|  | **What smell are you grateful for?** |  | **What character strengths that you have, are you grateful for?** |
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|  | #attitudeofgratitude2020 |
|  | November 7th  |  | November 8th  |
|  | **What in nature are you grateful for?** |  | **What food are you most grateful for?** |
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|  | November 9th  |  | November 10th  |
|  | **What life lesson are you grateful for?** |  | **What gift & talent are you grateful for?** |
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|  | November 11th  |  | November 12th  |
|  | **It’s veterans Day, Who are you grateful for who Served?** |  | **Where is a place you have visited that you are grateful for?** |
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|  | #attitudeofgratitude2020 |
|  | November 13th  |  | November 14th  |
|  | **What season are you grateful for?**  |  | **What is something someone did you for that you are grateful for?**  |
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|  | November 15th  |  | November 16th  |
|  | **What are you most grateful for**  **that you get to do?**  |  | **Who are you grateful for?**  |
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|  | November 17th  |  | November 18th  |
|  | What time of day are you grateful for? |  | **What is something that brings you joy and you are grateful for?** |
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|  | #attitudeofgratitude2020 |
|  | November 19th  |  | November 20th  |
|  | **What makes you smile?** |  | **What Recovery tools do you use?** |
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|  | November 21st  |  | November 22nd  |
|  | **Who is someone that you are** **grateful that you met?** |  | **Who is a role model who inspires you?** |
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|  | November 23rd  |  | November 24th  |
|  | **What is the best gift you received and you are grateful for?** |  | **What is something you achieved** **and you are gratefu?** |
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|  | #attitudeofgratitude2020 |
|  | November 25th  |  | November 26th |
|  | **What holiday tradition are you** **grateful for?**  |  | **Happy thanksgiving!** **Share a thanksgiving memory** |
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|  | November 27th  |  | November 28th  |
|  | **What is an item you TREASURE?**  |  | **What was a blessing that you are grateful for during in a difficult time?** |
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|  | November 29th  |  | November 30th  |
|  | **how do you spend your time doing that you are grateful for?** |  | **What experience this month are****you most grateful for?** |
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